







Cyber Program October 2022		
Week 1	Trainer	Topic
	Dymphna Ormond	Time Management
	Inspiring Ways	Network+
Week 2	Trainer	Topic
	Inspiring Ways	Network+
Week 3	Trainer	Topic
	Claire Commins	Excel Training
	Andrea Manning	Cyber Awareness/GDPR
	Member Company Presentations	
Week 4	Trainer	Topic
	Study Day	
	Andrea Manning	Cyber Awareness/GDPR
	Member Company Presentations	
Week 5	Trainer	
	Inspiring Ways	CYSA
	Anne Caulfield	Interview Techniques
	Dymphna Ormond	Communication Skills
Week 6	Trainer	
	Inspiring Ways	CYSA
	Anne Caulfield	CV Preparation
Week 7	Trainer	
	Study Day	
	Dymphna Ormond	Teamwork
	Eric Fitzpatrick	Creating a Vision Story
Week 8	Trainer	
	Project Work	
	Preparation for Project	
	Presentation	
	Project Presentation	